ABILITY LEADERSHIP PROGRAM NORTH CAROLINA

ALP-NC

ALP-NC centers people with IDD and people with lived experience in advocacy and leadership development as a part of disability justice.

The Ability Leadership Program of North Carolina (ALP-NC) is an online educational and professional development program. It prepares Leaders to engage in collective advocacy through:

- Peer-facilitated, virtual group education focused on advocacy and leadership
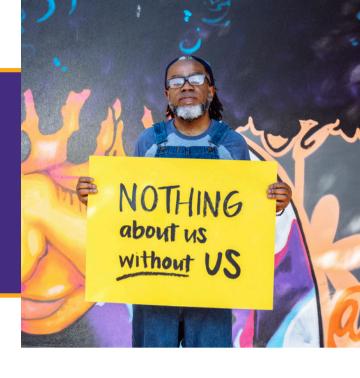
- Online meetings for skill practice and networking

- Story crafting and sharing as a part of being a leader advocate

- Resources for advocacy planning and leadership development

SCAN THIS QR CODE WITH YOUR PHONE

ALP started everything for me! ALP empowered me to dream big. There is so much work to be done. Thank you for helping me realize my power in leadership and advocacy work!"

-ALP-NC Graduate

Who can apply for ALP-NC?

- Adults with an intellectual and/or developmental disability (IDD)
- People who identify with the lived experience of disability
- Family members or caregivers of persons with lived experience
- In-field professionals supporting people with IDD

What will I learn in the program?

- We discuss different types of advocacy (self, collective, peer and systems).
- We talk about how important advocacy and leadership are in the disability justice movement.
- We discuss and practice the different steps and skills that we use when we advocate.
- We learn how to map and share our stories effectively so we can engage in personal and collective advocacy.

APPLICATION INSTRUCTIONS

We are currently accepting applications for 2025 Cohort 2.

- This is an online cohort which means you will attend live webinar group Sessions and Learning Team Meetings online via the Zoom platform. The detailed schedule is on the next page.
- **Applications are due by 5pm EST on Thursday, July 3rd.**
- Selections will be announced Friday, July 11th.
- The application is an online Google form. If accommodations are needed, please email us at info@alp-nc.org.

Link to 2025 Cohort 2 Application:
https://forms.gle/GSwuWN4VdcxZQjps6

SCHEDULE FOR COHORT 2

ACTIVITY	PARTICIPATION	DATE	TIME
Orientation	Live Webinar	Fri, Aug 22	11a - 11:45a
Session A Large Group Session	Live Webinar	Fri, Aug 29	10a - 2p
Small Group Learning Team Meeting 1	Live Webinar	Fri, Sep 5	12p - 1p
Session B Large Group Session	Live Webinar	Fri, Sep 12	10a - 2p
Small Group Learning Team Meeting 2	Live Webinar	Fri, Sep 19	12p - 1p
Session C Large Group Session	Live Webinar	Fri, Sep 26	10a - 2p
Small Group Learning Team Meeting 3	Live Webinar	Fri, Oct 3	12p - 1p
Session D Large Group Session	Live Webinar	Fri, Oct 10	10a - 2p
Large Group Story Sharing and Graduation	Live Webinar	Fri, Oct 17	12p - 2p

ALP-NC Q&A Session: June 16th 11-11:30a
Link: https://us06web.zoom.us/j/81005794074

ALP-NC is a collaborative initiative administered by:

NCCDD
North Carolina Council on
Developmental Disabilities

centered
resources