Lunch & Learn Webinar:
Provider Experiences with Supported Living

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This webinar is being sponsored by the NCCDD and North Carolina Money Follows the Person Project (NC MFP), a Medicaid project that assists Medicaid-eligible North Carolinians who live in inpatient facilities to move into their own homes and communities with supports.
Demographics

Who we are serving:
• 7 people
• Ages range from 27-62
• 2 people have attended college
• 2 people have previously lived in group homes
• 4 people were already living in their own homes when Supported Living began

Where they are from:
• 2 people from the Vaya area
• 1 person from the Sandhills area
• 3 people from the Trillium area
• 1 person from Alliance area
Living Arrangements

Where are they living:
• 2 people own their homes
• 5 people are renting
• 2 people live in single family homes
• 1 person lives in a condominium
• 4 people live in apartments

Who lives with them:
• 5 people live alone with supports as needed
• 1 person lives with a roommate and receives support from paid staff
• 1 person has a live-in caregiver, who provides paid support
Housing Finances

How they got their homes
• 2 people receive Rental Assistance: Key Program, HUD
• 2 people have homes their family purchased for them
• 3 are renting from traditional landlords

How are they paying to live:
• 3 people are family subsidized
• 4 people make it on their wages and public benefits
Type of Supports

Breakdown of Supported Living Level

• 4 people receive Supported Living Level 1
• 3* people receive Supported Living Level 2
• *1 person receives an individualized rate: SL3 rate as an SL2 service

Transition Service funding

• 2 people have used it to purchase furniture, bedding, bath and kitchen items, rent & utility deposits
Getting out of the house

Additional Services
• 3 receive Community Networking
• 4 receive Supported Employment Services
• 2 are receiving both Community Networking and Supported Employment

How they spend their day
• 3 people are working in competitive employment
• 2 people are self employed
• 3 people are volunteering
• Making and selling art
• Theater group
• Special Olympics
• Church activities
Service Level Takeaways

**Supported Living Level 1**
- Scheduling can be more flexible: hours per day and days per week
- People have more control over when and how supports are provided
- Able to pay staff higher wages and incentivize outcomes

**Supported Living Levels 2 & 3**
- Focus on developing self advocacy and independent living skills
- Might be their first time living outside family homes or group homes
- Higher support needs may limit flexibility of when and how supports are provided
What makes it work:

For the person/family
• Self advocates having direct access to their QP
• Having strong natural support networks
• Having their own community connections
• People are working in the community
• People are excited about living in their own homes

For the Provider
• Strong partnership with natural support networks
• Knowing the person’s dream and vision for their life
• Transparency; open and honest communication
• Daily rate allows providers to incentivize outcomes
• Service definition allows supports to fit the person’s life
Challenges to success:

• More support hours may not always equal higher wages for staff: Levels 2 & 3
• Risk taking can be difficult for families
• Role changes from caregiving to supporting can be difficult for the person, their family, and staff
• Finding affordable housing
• Living alone may not be affordable without family financial assistance

• Finding live-in caregivers
• Waiver limit of $135,000 may not cover 24/7 awake services for people living alone
Questions?
Thank you for attending our webinar!

Please take a minute to complete our survey that will be sent out via e-mail today

A copy of this archived webinar and PowerPoint presentation will be available at the NCCDD website at

https://nccdd.org/supported-living-making-the-difference.html